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Cover Story

DR. NEETIKA MODI

Explore a journey through words, where stories unfold like magic. The essence of literature is captured on every page. 'The Literature Today Magazine' - Your portal to a world of literary wonders. Immerse yourself in the artistry of words, today and always.



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FROM THE
Editor-in-chief
★★★★★★★★★★★★★★★★★★

When we began with **The Literature Today**, we were not sure about where the journey with our brainchild would take us. With every edition, we learned, grew, expanded the corners of our magazine, and educated ourselves simultaneously. The Quarterly E-Magazine has helped us redefine the meaning and significance of media and bridge the gap between the world of words and quickly evolving technology. **Volume 4 of the Four Issue Edition** of The Literature Today Magazine has helped us expand our dimensions a little more with a bunch of topics that we have explored.

The latest edition features much more than just books and attempts to reach out to more readers this time. The magazine includes book reviews and author interviews, featuring articles on a wide variety of topics like technology, lifestyle, fashion, and all that is revolutionary and influential in people's lives. It also includes content that is relevant to the present scenario under the heading of current topics. In addition, some surprise entries can be read once the readers lay their hands on this edition. With every edition, we strive to achieve new heights and improve the next edition, as we believe there is always more to add and to learn. Hence, we would heartily welcome valuable suggestions from our readers at theliteraturetoday@gmail.com. We look forward to hearing from you. Happy Reading!



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Best Regards,

M. M. Solanki

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“Life is a delicate balance between what we can control and what we cannot. Despite having respected this equilibrium for centuries, today each one of us struggles to maintain it.”

This profound statement encapsulates the essence of Dr. Neetika Modi's new book, *Antim: The Last Avatar*, a riveting exploration of spiritual and moral dilemmas set against the backdrop of Vedic mythology and contemporary life.

The grand launch of Dr. Modi's book was as enthralling as the story itself. The star-studded event captured the essence of the book's thrilling narrative, creating a buzz in both literary and entertainment circles.

The trailer of the book was unveiled by the renowned Bollywood director and producer, Boney Kapoor, whose presence added a touch of cinematic grandeur to the evening. The cover of the book, a piece of art in itself, was launched by the global icon Priyanka Chopra, further elevating the event's glamour quotient.

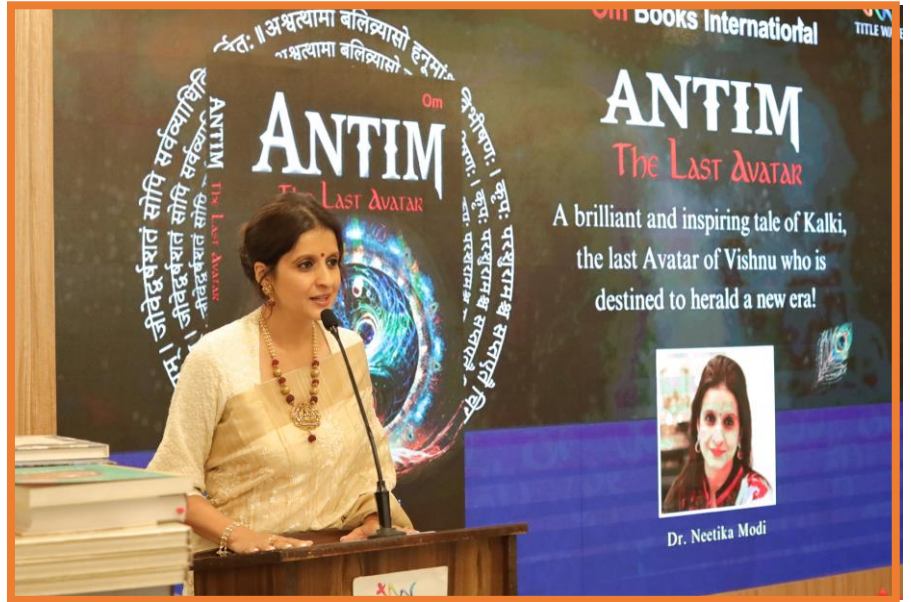
This highly anticipated book delves into the prophecy and arrival of Kalki, weaving a tale of hope, redemption, and the ultimate triumph of righteousness. As the narrative unfolds, readers are taken on a journey through the moral complexities of eternal life and the cosmic battle between good and evil. Dr. Modi's storytelling promises to captivate audiences, offering a profound reflection on the cyclical nature of time and the ever-relevant quest for balance and justice in the world. The launch event, marked by its glitz and excitement, set the stage for what is sure to be a landmark addition to contemporary spiritual literature.

Amidst the pitch-black darkness of Kali Yuga, where unrighteousness reigns supreme and chaos engulfs the world, a beacon of hope emerges. As humanity reaches the zenith of moral decay, when deception, greed, and vice are at their peak, the earth trembles under the weight of its sins. Suddenly, the sky parts with a divine luminescence, and the air is filled with the resounding proclamation of the newborn Avatar.

The eight immortals, the revered "Chiranjeevis," who have graced the planet with their presence, await the arrival of the final Avatar, Kalki. Among them are those blessed with eternal life, while others bear the weight of a curse. Some have defied death, and some are burdened with an unending existence. Each one, in their unique predicament, now looks to Kalki for redemption. The anticipation of Kalki's arrival stirs a profound hope within them, for it promises to end their eternal plight and restore the balance of righteousness to the world.

Antim: The Last Avatar follows the journey of its protagonists, Rudra and Tarini, seemingly ordinary siblings who discover they are destined for an extraordinary role in the cosmic order. The narrative explores themes of destiny, self-discovery, and the eternal struggle between good and evil. Rudra and Tarini's journey is a microcosm of the human experience, reflecting the trials and triumphs that each face on their path to self-realization. Through their eyes, readers are introduced to a world where the divine and the mundane coexist, where every action has a deeper significance, and where the ultimate goal is to attain a higher state of consciousness.

Dr. Neetika Modi's entry into the world of storytelling was a natural progression from her deep-rooted interest in Vedic tales and her transformative life events. The book is her heartfelt offering, sharing the age-old wisdom that has shaped her understanding and personal spiritual evolution with those who seek more from life. Her inspiration to write stemmed from quiet moments of reflection and a desire to articulate the profound connections between the divine and the everyday. It was in the stillness of dawn, often after her morning yoga, that Dr. Modi felt the stirrings of a narrative that promised more than just a story. She set out to craft a tale that would not just captivate but also illuminate, providing a window into the enduring philosophy of Sanatan Dharma and its significance today.



Her story exemplifies the remarkable synergy between her professional acumen as a dentist and her deep-seated passion for literature and spirituality. Her journey vividly illustrates how diverse interests can coalesce to define a life's purpose. As a vanguard in the field of dentofacial aesthetics, Dr. Modi's credentials are impressive. Her expertise is backed by international certifications in Implantology from Sweden and memberships in prestigious dental associations, including the American Academy of Cosmetic Dentistry and the Royal College of General Practitioners, United Kingdom. Her practice, renowned for its excellence, has earned her accolades such as the Times Health Excellence Award in Aesthetics. Her reputation in the dental community is a testament to her dedication and continuous pursuit of excellence. She employs cutting-edge technology and innovative techniques to provide her patients with unparalleled care, ensuring their smiles are not only aesthetically pleasing but also healthy and functional.

Her philanthropic efforts, especially with the IMPACT Foundation at TATA Memorial Hospital, underscore her compassionate nature and dedication to pediatric cancer care. She provides free dental care to young cancer patients, ensuring their oral health does not hinder their overall recovery. Dr. Modi's empathy and commitment to making a difference are evident in every aspect of her work, both professional and philanthropic. Yet, Dr. Neetika Modi's influence extends far beyond her dental clinic. She is a respected figure in the beauty pageant circuit, contributing as a jury member and dentofacial expert. Her involvement in these events highlights her ability to bridge the gap between health and beauty, offering insights that help contestants present their best selves on and off the stage. Her commitment to holistic health is evident through her wellness coaching, particularly at the 71st Ms.



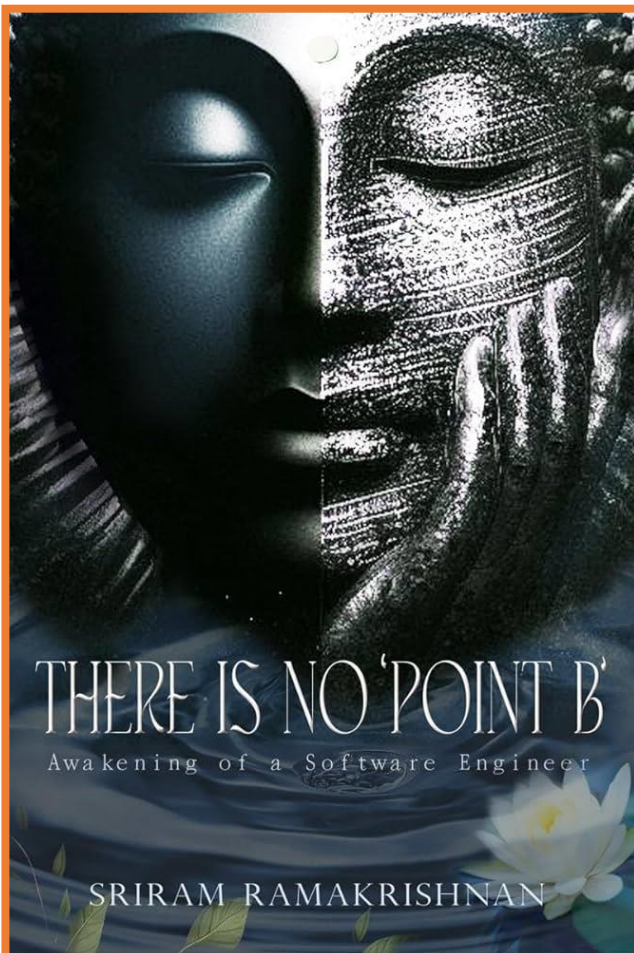
World Pageant, where she advocates for a balanced lifestyle that marries modern medicine with ancient wisdom. Dr. Modi emphasizes the importance of mental well-being, physical fitness, and spiritual health, encouraging participants to adopt a holistic approach to beauty and self-care.

In essence, Dr. Modi epitomizes the modern-day polymath—an individual whose boundless curiosity, expertise, and passion transcend conventional boundaries, enriching lives and leaving an indelible mark on the world. As Dr. Neetika Modi takes the stage, she invites audiences on a journey of exploration and transformation, where the boundaries between science and storytelling blur, and the power of words become a catalyst for healing and self-discovery. In her presence, literature transcends mere entertainment, becoming a gateway to deeper understanding, connection, and enlightenment.

BOOK REVIEWS

- **THERE IS NO 'POINT B': AWAKENING OF A SOFTWARE ENGINEER**
- **FORGE OF THE HEART: A CEASEFIRE OF SENSES**
- **HOW OUR CHILDREN BROUGHT US UP - A JOURNEY IN SELF-GROWTH THROUGH PARENTING**

“THERE IS NO 'POINT B': AWAKENING OF A SOFTWARE ENGINEER” BY SRIRAM RAMAKRISHNAN



The narrative begins with Ramakrishnan's early life, characterized by the common ambition to achieve more—more money, more success, more happiness. He describes his initial pursuit of a successful career in software engineering as his primary 'Point B,' a destination where he believed all his desires and aspirations would be fulfilled. His candid reflections on this period are both relatable and insightful, as he reveals the underlying dissatisfaction that persisted despite achieving professional milestones. The author's writing is engaging and accessible, allowing readers to connect with his experiences and the emotions that accompany them.

Ramakrishnan's realization that money and career achievements were not the ultimate 'Point B' led him to explore other avenues in search of meaning. He embarked on a journey of spiritual seeking, traveling to ashrams and monasteries, practicing yoga and meditation, and undertaking soul-searching travels across 25 countries. His detailed accounts of these experiences offer a glimpse into the diverse practices and philosophies he encountered. Through his descriptions, readers gain an appreciation for the depth and variety of spiritual traditions around the world. Ramakrishnan's openness to different paths and his genuine quest for enlightenment are evident throughout, making his journey both compelling and inspiring.

"There Is No 'Point B': Awakening of a Software Engineer" by Sriram Ramakrishnan is a profound and thought-provoking memoir that delves into the life of a man driven by an incessant quest for fulfillment and happiness. Ramakrishnan's journey, which spans three decades, is one that many can relate to—a relentless pursuit of a future ideal, only to find that the true essence of life lies in the present moment.



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